

Løypelengder NNM 20.-22 februar 2015.

Normal 20.02

Klasse	Runder	Total lengde	Skyting
G/J 13-14	1,0+1,5+1,5 km	4 km	L+L – 30 sek tillegg
G 15-16	3,0+2,0+2,0 km	7 km	L+L – 30 sek tillegg
J 15-16	3 x 2,0 km	6 km	L+L – 30 sek tillegg
M 17-19	2+3+2+3+2 km	12 km	L+S+L+S – 45 sek tillegg
K 17-19	5 x 2,0 km	10 km	L+S+L+S – 45 sek tillegg
M 20-21	5 x 3 km	15 km	L+S+L+S – 1 min tillegg
K 20-21	2+3+2+3+2 km	12 km	L+S+L+S – 1 min tillegg
M Senior	5 x 4 km	20 km	L+S+L+S – 1 min tillegg
K Senior	5 x 3 km	15 km	L+S+L+S – 1 min tillegg

Sprint 21.02

Klasse	Runder	Total lengde	Skyting
G/J 13-14	3 x 1 km	3 km	L+L – 100 m str.runde
G 15-16	1,5 + 1,5 + 2 km	5 km	L+L – 100 m str.runde
J 15-16	1,0+1,5+1,5 km	4 km	L+L – 100 m str.runde
M 17-19	3,0+2,0+2,0 km	7 km	L+S – 150 m str.runde
K 17-19	3 x 2 km	6 km	L+S – 150 m str.runde
M 20-21	4,0+3,0+3,0 km	10 km	L+S – 150 m str.runde
K 20-21	3,0+2,0+2,0 km	7 km	L+S – 150 m str.runde
M Senior	4,0+3,0+3,0 km	10 km	L+S – 150 m str.runde
K Senior	3,0+2,0+2,0 km	7 km	L+S – 150 m str.runde

Fellesstart 21.02

Klasse	Runder	Total lengde	Skyting
M 17-19	5 x 2 km	10 km	L+L+S+S
K 17-19	5 x 1,5 km	7,5 km	L+L+S+S
M 20-21	2+3+2+3+2 km	12 km	L+L+S+S
K 20-21	5 x 2 km	10 km	L+L+S+S
M Senior	5 x 3 km	15 km	L+L+S+S
K Senior	2+3+2+3+2 km	12 km	L+L+S+S

Stafett 21.02

Klasse	Runder	Totallengde	Skyting
J 13-16	3 x 1 km – Veksling 3 x 1 km – Veksling 3 x 1 km - Mål	3 km	L+L + ekstraskudd L+L + ekstraskudd L+L + ekstraskudd
G 13-16	3 x 1 km – Veksling 3 x 1 km – Veksling 3 x 1 km - Mål	3 km	L+L + ekstraskudd L+L + ekstraskudd L+L + ekstraskudd

